DALHOUSIE ATHLETICS FACILITIES RENEWAL
WHAT WE HEARD:

BIG PICTURE

Dalhousie Students Deserve Better
- “...for such a prestigious and successful school, our athletics and students deserve better facilities”

Social Space
- Students want space to sit and relax before and after workouts, practices and events; meeting friends, and socialize.

Women’s Spaces and Programming
- Female students want options for women-only fitness/wellness activities. This includes provision for female Muslim students eg. closable, screen-able pool and fitness areas.

Accessibility
- Bicycle parking for students and community.
- More storage for teams, clubs and equipment.
WHAT WE HEARD:

ATHLETIC FACILITY ENVIRONMENT

**Lighting** - Important to have more natural light.

**Air Quality** - Important to have clean, fresh air in athletics facilities.
- Welcoming - high ceilings, colourful decoration, greenery, architecture & design etc. Create a sense of positive isolation from everyday campus life.
- Straightforward “spine” layout - Easy to find your way around, appropriate separation between activities.
- Visibility - Maximize visibility between zones where appropriate.

SUSTAINABILITY

**Green Roof** - Beach volleyball? Individual/group/instructional exercise?

**Self-Powered** - Use cardio machines as generators to power the facility.
- BikeShare program to connect athletics facilities and campuses.
- Energy-efficient building with green walls.
WHAT WE HEARD:

FITNESS

**Better Equipment** - Students want newer equipment, more variety of equipment, and available instruction in the use of fitness equipment.

**Cardio Facilities** - Existing cardio facility is often full; limited hours available to students. Poor air quality/ventilation was a common complaint with existing cardio facilities.

**Weights Facilities** - Students want better and more varied equipment, more lifting platforms, and a chalk room.

**Yoga/Pilates/Exercise Classes** - Students expressed a strong desire for designated yoga facilities, including hot yoga and women-only classes.

**Boxing Facility** - Students expressed interest in a boxing/kickboxing training room with punching bags.

**Stretching Areas** - Separate areas to stretch in before entering gym, cardio rooms, or fieldhouse.

OPERATIONS

**Hours of Access** - Students want facilities to be open longer, notably during exams, weekends, and summer.

**Cardio Fees** - Students hate paying for cardio room use.

**Student/Community Balance** - Students want more priority for access to facilities. Dedicated 100% to sport and athletics - no access interruptions for non-athletics for exams, craft fairs, etc.
WHAT WE HEARD:

SERVICES

Physiotherapy Clinic/Sports Health Services - Students want access to a physio facility in the athletics facility. Desired features include:
- Athletics-oriented Physiotherapy and Injury Rehabilitation.
- Free to ask questions and receive advice.
- Ice and Ice Baths.
- Collaboration and training for students in Kinesiology and Sports Medicine.

Food – Students want food service included in the athletics facility, including affordable healthy options, juice, and shakes.

Change rooms and Showers – Students want more space, more lockers, and new showers with doors, soap, and shampoo.
- Women’s Change rooms – Female students want more privacy in change rooms and showers.
- Family/Gender-Neutral Change rooms.
- Laundry and Tower services.
- Steam Sauna.
- Outdoor Equipment – Students want cheaper rentals of skis, snowshoes, kayaks etc.
- Meditation/Quite Room & More Water Fountains
WHAT WE HEARD:

RECREATIONAL AND INTRAMURAL SPORTS

Designated Dance Studio

Rock Court – Needs more space; existing capacity of the climbing facilities is insufficient to demand; too expensive for students.

Beginner Climbing Facility – Existing Climbing Wall is too challenging for beginners. Students want intro instruction.

Squash/Handball Courts – Students want more squash/handball courts that are open for longer hours.

Indoor Tennis Courts

Hardwood Recreation/Intramural Courts – Students want more opportunity to play recreational/intramural volleyball and basketball.

Wickwire Field – Students want a covering for this field in the winter; a press box and better spectator seating for competitive events.
WHAT WE HEARD:

**VARSITY SPORTS**

**Better Track** - Need a measured, regulation track.
- Jumping Pit – Varsity athletes want an indoor jumping pit so they don’t have to go to the Canada Games Centre for training.
- Arena – Students want a better ice rink for competitive Varsity-level hockey (with spectator seating) as well as multi-use, recreational hockey and skating.
- Hardwood Competition Courts – Demand for volleyball/basketball courts exceeds capacity; spectator seating close to courts is desired.
- Varsity Weight Room – Students want a dedicated weight room.
- Team Rooms – Need separation between home and visiting teams.
- Lounge/Meeting Room – Varsity athletes want a place to meet before and after practice and review game films as a team.
WHERE WE ARE GOING:

PRELIMINARY PROGRAM ELEMENTS

- New Fitness and Wellness Facilities – Cardio and Weight Areas
- Group Fitness Rooms
- Intramural Sport and Athletic Club Spaces for Meeting and Storage
- Enhanced Change Rooms with Family Change-Room
- New and Expanded Climbing Facilities
- Increased Number of Squash Courts
- Campus Bike Centre
- Bike Storage – Secure and Sheltered
- Athletic Clinic – with Tape Room
- High-Performance Training Area
- Food Services
- Social and Study Spaces
- Enhanced Member Services & Central Equipment Distribution
- Potential for Year Round Field Sports through Sport Bubbles
- Potential for Arena with Support Facilities
- Renovated Pool Areas
- Competitive Track Space
- Culturally Sensitive Spaces Group Fitness and Work-Out Spaces

PRELIMINARY PROGRAM ELEMENTS

SEXTON CAMPUS

- 100% more Workout Space
- Enlarged and Renovated Group Fitness Rooms
- Potential for Turf & Sport Bubble for Year-Round Field Sports
- Updated Change Room and Member Support Facilities
Student Feedback: What Are Your Top 3 Athletic Activities?  Larger Words = More Comments
When Do Students Use Athletic Facilities?

**Time of Day**
- Morning
- Daytime
- Evening
- All Times

**Day of Week**
- Weekday
- Weekend
- All Week

**Term**
- Fall/Winter
- All Year