

EXPLORE CHECKLIST

TO BRING

- Your provincial health card and, if applicable, proof of additional private insurance
- Light clothing and a few warm items (pants, sweaters)
- A “chic” outfit
- A raincoat and/or an umbrella
- A bathrobe, flip-flops, and a hair dryer
- Your medication
- Sunscreen and sunglasses
- A hat or cap
- A beach towel and a swimsuit
- A reusable water bottle
- Running shoes
- A crossbody bag or a backpack
- A power strip (CSA-approved)
- 3M adhesive strips (to hang posters or photos)
- Hangers
- A laundry basket and detergent
- Pens or pencils
- A notebook

EXTRAS

- A first aid kit
- Thread and a needle
- A camera
- A deck of cards
- Your sports equipment (if small-sized)
- Your musical instrument (if small-sized)
- A speaker

ALREADY IN YOUR ROOM

- A bed, a mattress, and a pillow
- Bath towels and bed sheets
- A desk and a chair
- A small fan
- A closet with a mirror
- A trash can

PROHIBITED ITEMS IN RESIDENCE



- Animals
- Adhesive tape, nails, or pins
- Any device with an exposed heating element
- Halogen lamps and candles
- Flammable liquids and propane tanks
- Weapons, explosives, barbecues, or heating appliances

