

Dalhousie Professional and Managerial Group (DPMG) Professional and Personal Development Committee (PPDC)

2019-20 Year-End Report

PURPOSE:

To identify and schedule relevant personal and professional development sessions for DPMG members that build capacity and support management and leadership competency development; and to create networking and engagement opportunities within the DPMG membership.

MEMBERS:

The 2019-20 Personal and Professional Development Committee members are:

- Joanne Tortola, Law – Dean’s Office (Studley) - Chair
- Fallon Bourgeois, Advancement (Studley)
- Heather Butler, Medicine – Anesthesia (NSHA)
- Angela Hogan, Medicine – NB (Saint John)
- Terri Mann, Advancement – Engineering (Studley/Sexton)
- Robert Moffat, Ancillary Services (Studley)

Two members left the committee as they have left their positions with the University: Tayo Adara and Hannah Ching.

2019-20 SESSION SUMMARY

Date/Time	Presenter	Title	Location	Attendees
Oct. 23	Firas Zaytoun, Manager of Learning and Development	<i>Owning Your Career</i>	CHEB C170 + Truro & SJ	27 (present)
Nov. 27	Steve Andrews, College of Continuing Education	<i>How to earn a Certificate in Project Management</i>	Tupper Thtr A + DalAnywhere	122 (accepted & tentative); ~40 present
Jan. 16	Darren Steeves, Vendura Wellness	<i>Resilience: a word often used but not understood</i>	CHEB C170 + Truro & SJ	151 (accepted & tentative); ~30 present
Feb. 18	Wendy McCallum, Registered Holistic Nutritionist	<i>The Power of Real Food: Eating for Energy</i>	CHEB C170 + Truro & SJ	107 (accepted + tentative); ~20 present
Mar. 12	Janice MacInnis, Manager of Organizational Health	<i>Staying Healthy at Work: Not a contradiction</i>	CHEB C170 + Truro & SJ	109 (accepted & tentative); ~25 present

An April session was not delivered, due to the transition to working remotely in March.

TOPICS OF INTEREST FOR FUTURE SESSIONS:

According to our post-session evaluations, as well as the DPMG Member survey, topics of interest to our membership include:

- Equity, Diversity and Inclusion (HRES)
- Creating a positive workplace (i.e. Michael MacDonald, consultant); or the impact of incivility in the workplace (i.e. Dana Kabat-Farr, Associate Professor of Management)
- Chair/Office Exercise/Yoga
- General session of staff resources/services available
- Networking skills (tips and techniques)
- A “how-to” cooking session (i.e. with Ancillary Services Chef and/or Dietician)
- Money Saving Tips & Tricks (i.e. super-couponing)

THANK YOU

The committee would like to thank the DPMG Executive for approving our funding requests for two external guest speakers this year.

The committee would also like to acknowledge and thank our colleagues in Human Resources, who have continued to provide excellent personal and professional development opportunities in the current remote working environment.

And finally, thank you to our DPMG members who attended our sessions, invested the time in themselves and in Dalhousie through their leadership development, and who took the time to complete the post-session evaluation forms (which help to inform and guide the committee for future activities).