

Session: There IS an 'I' in 'Team': Personality and its Impact on Leadership and Teams

Presenter:

Rick Paradis

Description:

An important part of being effective as a leader is having an understanding of what motivates and influences the way you and others approach work and work relationships. While team difficulties can take place for any number of reasons, one common and often under-appreciated contributor is the fact that there are innate differences in our psychological orientation – our personality.

This interactive presentation will provide participants with an introduction to the Myers-Briggs Type Indicator® (MBTI), a well-researched framework for understanding differing personality preferences. It will provide concrete examples of personality differences, fostering a deeper understanding and appreciation of diversity within teams and how these differences can help or hinder team effectiveness.

Biography:

Rick Paradis has an MBA and over twenty years' experience in the field of organizational development and corporate training both as an internal resource and as a private consultant. He has a rich background in adult education and experiential learning and has worked throughout the United States, Canada and the Middle East to provide facilitation, coaching, and mediation support to leaders and teams. His broad experience and engaging manner has made him a popular resource on a variety of topics related to team effectiveness, leadership, and organizational change. Rick is also certified to administer the Myers-Briggs Type Indicator, a popular instrument for exploring personality preferences.