



# Soft Tissue Optimization Around Dental Implants:

## Evidence-Based Strategies for Esthetics, Stability, and Complication Management

DNTL-DENT0207-001, 002 & 003

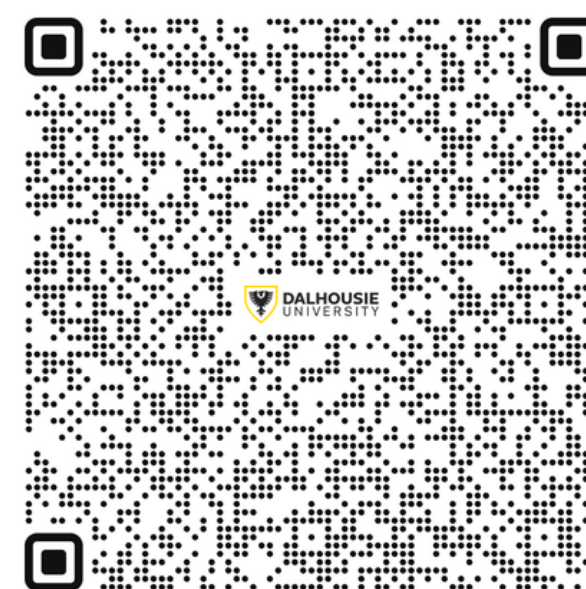
### Course Description

Achieving predictable and esthetic outcomes around dental implants depends not only on the underlying osseous foundation, but critically on the quality, volume, and architecture of the peri-implant soft tissues. This comprehensive, evidence-based course is led by two board-certified periodontists with advanced clinical and academic expertise in soft-tissue surgery, peri-implant site development, and complication management. The course provides participants with a strong biological foundation and practical surgical insights necessary to optimize peri-implant soft tissues, enhance esthetic outcomes, and prevent or manage common soft-tissue complications associated with dental implants.

### What you will learn

At the end of this course, participants will gain a solid understanding of the following concepts:

- Explain the biological principles of peri-implant mucosal healing, soft-tissue phenotype, and keratinized tissue.
- Identify soft-tissue deficiencies and risk factors that compromise implant esthetics and long-term stability.
- Perform key soft-tissue surgical procedures on simulated models, such as connective tissue graft placement, coronally advanced flaps, and peri-implant soft-tissue thickening.
- Perform advanced suturing techniques to achieve tension-free closure, optimize vascular supply, and support stable soft-tissue contours.
- Apply evidence-based strategies to enhance peri-implant esthetics, stability, and complication management.



#### Date

Saturday April 11, 2026



#### Lecture Early Bird Fees\*

DDS \$250  
ADHP \$125

#### Hands-on

\$300  
N/A



#### CE Credits

3 CE Lecture  
3 CE Hands-on | 6 CE hours



#### Presentation Times

8:30 am to 3:30 pm

#### Regular Fees

DDS \$325  
ADHP \$175  
N/A

\* Early Bird rates valid till March 21, 2026



#### Location

Dalhousie University, Faculty of  
Dentistry



#### Method

In-person, Online & hands-on



#### Check-in

8:00 am



#### More Information

902-494-1674



#### Dr. Shayan Barootchi

DMD, MS, Dip-ABP

Dr. Shayan Barootchi, DDS, MS, is a board-certified periodontist and internationally recognized educator in the fields of periodontal and implant therapy. He received his specialty training in periodontics and a Master of Science degree from the University of Michigan, where he also serves as faculty, and he additionally teaches in the Division of Periodontology at Harvard School of Dental Medicine. Dr. Barootchi's clinical and research focus centers on regenerative therapies, soft tissue grafting, implant esthetics, and the management of complex implant complications.

He has authored nearly 150 peer-reviewed publications in leading dental journals and serves as Associate Editor for the Journal of Periodontal Research and Clinical Implant Dentistry and Related Research. Dr. Barootchi lectures nationally and internationally, sharing evidence-based and clinically applicable protocols for achieving predictable and esthetic outcomes in implant and periodontal therapy.

In addition to his academic contributions, Dr. Barootchi maintains an active private practice limited to periodontics and implant dentistry. He is deeply committed to advancing patient care through innovation, education, and interdisciplinary collaboration.



#### Dr. Zeeshan Sheikh

Dip.Dh, BDS, MSc, M.Perio, PhD, FRCDC, Dip-ABP

Dr. Sheikh is a Clinical Scientist in Periodontics and a Tenure-Track Assistant Professor at Dalhousie University's Faculty of Dentistry, an Adjunct Professor at McGill University, and a Status-Only Assistant Professor at the University of Toronto. He is a Fellow of the Royal College of Dentists of Canada and a Diplomate of the American Board of Periodontology. With extensive training as both a dental clinician and a biomaterials scientist, Dr. Sheikh's expertise spans biomaterials research, clinical dentistry, surgical periodontics, and implantology. He also practices privately in Halifax.