



# Dental hygiene refresher course for dental hygiene graduates

DNTL-DENT0035-009&10

## Course Outline

This course is designed as a refresher course for dental hygiene graduates who have been licensed to practice in Canada. This course will consist of an on-line pre-study component and a clinical component. The pre-study component will support participants as they prepare for the clinical portion of the course. Participants will review and be involved in a number of learning activities related to professionalism, ethics, jurisprudence, and the dental hygiene process of care.

The clinical portion of the refresher course will consist of instruction, continuous assessment and evaluation of students' knowledge, and performance of pre-clinical and clinical procedures. Participants will spend the first portion of the clinical component completing pre-clinical instrumentation review and will move to clinical delivery of dental hygiene care for the second portion of the clinical component caring for clients with progressively challenging care needs.

Both a five-day and a ten-day clinical course will be offered depending on the learning needs of the participant.

The 5-day course is designed for dental hygiene graduates who have been out of practice for less than 5 years and are wishing to re-enter the dental hygiene workforce, or who are currently in the workforce and seeking to upgrade their competence.

The 10-day course is designed for dental hygiene graduates who have been out of the workforce for more than 5 years.

## Prerequisites

**All applicants must have held a license to practice dental hygiene in Canada. Applications will be reviewed to determine eligibility for either the 5-day or 10-day clinic refresher.**

**Applicants must also have a valid CPR certificate prior to taking the course.**



### Important dates

**March 16, 2026** - begin online component  
**June 16, 2026** - last day to complete the online component  
**June 29 to July 10, 2026** - clinic sessions



### Fees

1-week program: \$4,600 or \$2,000 deposit  
2-week program: \$7,600 or \$2,000 deposit  
We offer a payment plan.



### More Information

902-494-1674



### Location

Dalhousie University, Faculty of Dentistry



### Stephanie Sealy

BSc. (Dalhousie). DipDH (Dalhousie), MEd. (St. FX)

Stephanie is originally from Bathurst, NB. She attended Dalhousie University from 1991 to 1996, graduating in 1994 with a Bachelor of Science in Biology and in 1996 with a Diploma in Dental Hygiene. She completed her Master of Education with a concentration in Curriculum and Health from St. FX University in 2023.

She has been working as a registered dental hygienist since 1996 and has specialty training in Periodontics and Prosthodontics. Stephanie has been a part-time clinical instructor at Dalhousie University's School of Dental Hygiene since 2022. Her teaching assignments include working with both first and second year dental hygiene students in regular clinic, outreach clinics, and on pediatric rotation at a local elementary school. She assisted with the DH Refresher Course in 2025 and is looking forward to taking over as course director in 2026.

Stephanie is passionate about helping students achieve their full potential. She is eager to share her three decades of clinical experience to give back to the dental hygiene profession.