



Association For Continuing Dental Education

# Join us on a hunt for the Northern Lights and all of the Adventure Iceland has to Offer!

## October 17—23, 2027

*The natural beauty of Iceland is defined by dramatic contrasts of fire and ice, where volcanoes, glaciers, waterfalls, and geothermal landscapes coexist in a rugged Nordic environment. Massive ice caps stretch across the island while powerful waterfalls thunder down volcanic cliffs. Along the southern coast, the black sand beaches contrast the icy blue waters and floating icebergs drift toward the sea. The country’s geothermal activity creates steaming landscapes and hots springs, while the skies above often glow with the mesmerizing Northern Lights, making Iceland one of the most breathtaking and natural destinations on earth.*

**Sun, Oct. 17 Arrive Reykjavik and Blue Lagoon**

Relax at the **Blue Lagoon Spa with Premium Entrance** and breakfast at **Lava Restaurant**

Transfer to **Umi Hotel** with lunch enroute at **Við Fjöruborðið** for a traditional langoustine feast

Overnight—**UMI Hotel**

Meals—B,L,D

**Mon, Oct. 18 Ice Ice Baby!**

Breakfast at hotel

**Blue Ice Hike on Sólheimajökull Glacier (alternative experience for non-hikers)**

Lunch at **Drangar**

**Natural Ice Caves of Kötlujökull**

Overnight—**UMI Hotel**

Meals—B,L,D

**Tue, Oct. 19 Golden Circle**

Breakfast at hotel

**4 X 4 Golden Circle Super Jeep Adventure**

- **Geysir, Hot Springs**

- **Gullfoss, the Golden Waterfall**

- **Snowmobile Safari at Skálpanes**

Lunch at **Gullfoss Kaffi**

**CE Lecture (2 hrs)**

Overnight—**Hotel Geysir**

Meals—B,L,D



**Wed. Oct. 20 More Golden Circle and Highlands**

Breakfast at the hotel followed by **CE lecture (3 hrs)**

**4 X 4 Golden Circle Super Jeep Adventure continues**

**Pingvellir National Park, a UNESCO Heritage Site**

Lunch at **Friðheimar Tomato Farm**

Overnight—**Hotel Husafell**

Meals—B,L,D



**Thu, Oct. 21 Snæfellsnes Peninsula**

Breakfast at the hotel followed by **CE lecture (2 hrs)**

We then head west to the beautiful **Snæfellsnes Peninsula**. So many and varied are the features of the Peninsula that it is often called Iceland in Miniature. It holds both a volcano and a glacier, lava fields, craters, waterfalls, black and white beaches, caves, picturesque mountains, calm fishing hamlets, villages and towns as well as gorgeous views along the coastline with rugged rocks and frozen trolls jutting out from the Atlantic waves.

Overnight: **Hotel Búðir**

Meals—B,L,D



**Fri, Oct. 22 Reykjavik**

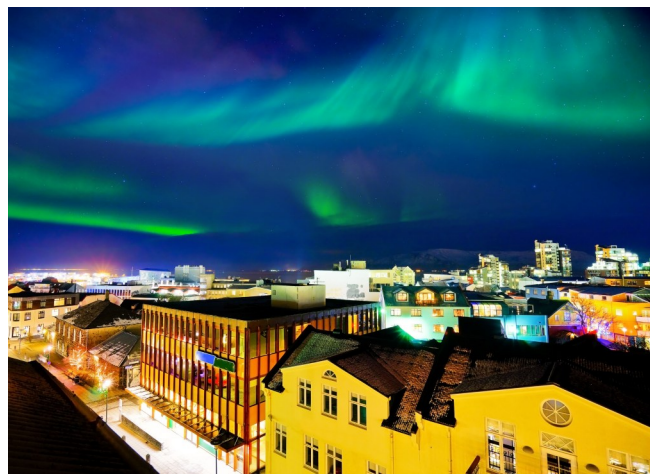
Breakfast at the hotel followed by a CE Lecture (3 hrs)

We then make our way to Reykjavik with a stop enroute for lunch and a soak at **Hvammsvik Hot Springs**, a unique and authentic experience in unspoiled nature where the natural hot springs glide into the ocean surrounded by majestic mountains and black beaches.

**Farewell Dinner**

Overnight—**Iceland Parliament Hotel**

Meals—B,L,D



**Sat, Oct. 23 Reykjavik and Fly Home**

Breakfast at hotel

Time at leisure in Reykjavik (Iceland Air flights to the US depart from 4pm)

Airport Transfers

**\$6,850pp**

Based on Double Occupancy

**For More Information Contact**

**Jodi Murphy 610-420-9364**

**agent@cruiseandtravelpartners.com**

## Speaker Bio



**Dr. Nico Geurs** is the Weatherford/Palcanis Endowed Professor of Periodontology and Dean of the University of Alabama at Birmingham School of Dentistry. A Diplomate and Director of the American Board of Periodontology, he has spent more than 30 years advancing education in periodontology and implantology for dental students, residents, hygienists, and general dentists. Dr. Geurs is internationally recognized for his work on:

- Periodontal diagnosis and staging
- Oral–systemic health connections
- Regeneration and advanced periodontal therapy
- Bone grafting and implant dentistry
- Prevention and management of peri-implant diseases

He has published extensively and lectures nationally and internationally. Known for his practical, case-based teaching approach, Dr. Geurs makes complex concepts accessible and directly applicable to everyday practice.

### **Beyond the Prophy: A Modern Periodontal & Implant Care Masterclass for the Entire Dental Team Course Overview**

Today's patients expect personalized, evidence-based care that seamlessly integrates periodontal therapy, wellness-based dentistry, and implant maintenance. This three-part CE continuum gives general dentists and dental hygienists the practical tools, updated science, and confidence to elevate everyday patient care.

Through case-based learning, simplified clinical frameworks, and actionable protocols, participants will learn to:

- Diagnose and stage periodontal disease with clarity and confidence
- Integrate whole-body health concepts into routine practice
- Prevent, identify, and manage peri-implant disease
- Streamline maintenance protocols for natural teeth *and* implants

Communicate with patients more effectively about inflammation, risk, and long-term care

This continuum is designed for real-world dentistry — what you can implement on **Monday morning**.

#### **Module 1: Modern Periodontal Diagnosis & Therapy Made Practical**

##### **Updated, approachable version:**

Periodontal diagnosis shouldn't feel complicated or overwhelming. This module simplifies the latest staging and grading system, demonstrating how it directly guides individualized treatment plans. Using real-world cases, participants will learn to identify disease patterns, determine risk, and choose the most effective nonsurgical and advanced therapies.

We'll also explore new technologies, innovations in biofilm and inflammation control, and clear clinical endpoints so you'll know exactly when therapy has been successful.

##### **You will learn to:**

- Use the periodontal classification system quickly and accurately
- Identify patient-specific risk factors and tailor therapy accordingly
- Integrate efficient, science-based treatment strategies into daily practice
- Understand regenerative and advanced therapeutic options
- Establish and measure true clinical endpoints

## Module 2: Healthy Mouth, Healthy Body — Communicating the Oral–Systemic Connection

### Updated, approachable version:

Your patients' mouths tell the story of their overall health. In this module, we break down the science behind periodontal inflammation and how it contributes to — and is influenced by — systemic conditions such as cardiovascular disease, diabetes, pregnancy complications, Alzheimer's disease, rheumatoid arthritis, and osteoporosis.

You'll gain practical strategies for patient communication, risk reduction, screening for systemic conditions, and incorporating wellness-centered dentistry into your maintenance programs. We'll also address smoking, vaping, and new approaches to behavior change and oral hygiene guidance.

### You will learn to:

- Explain the oral–systemic connection in simple, compelling language
- Recognize systemic conditions that manifest in the oral cavity
- Support medical providers through dental screening and documentation
- Integrate wellness-based approaches into periodontal maintenance
- Counsel patients on smoking and vaping cessation using modern tools

## Module 3: Implant Maintenance Demystified — Prevention, Detection & Treatment

### Updated, approachable version:

With the rise of implant dentistry, every dental practice needs a clear, confident approach to implant maintenance and peri-implant disease. This module clarifies the anatomical differences between natural teeth and implants, helping you avoid common clinical pitfalls.

Participants will learn evidence-based protocols for peri-implant assessment, maintenance instrumentation, early detection, and successful treatment of both peri-implant mucositis and peri-implantitis.

### You will learn to:

- Perform a thorough and meaningful peri-implant exam
- Identify risk factors and design maintainable implant treatment plans
- Select proper instruments and techniques for implant maintenance
- Diagnose peri-implant diseases with accuracy
- Manage and treat peri-implant mucositis and peri-implantitis confidently



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This activity has been planned and implemented in accordance with the standards of the Academy of General Dentistry Program Approval for Continuing Education (PACE) through the joint program provider approval of University of Utah School of Dentistry and the participating ACDE member schools listed below. The University of Alabama School of Dentistry is approved for awarding FAGD/MAGD credit.

**9 CE Credit Hours**

**\$595 Dentist**

# Sponsoring Universities

**UAB** The University of  
Alabama at Birmingham.

School of Dentistry

**ATSU** | Missouri School of  
Dentistry & Oral Health



 **COLUMBIA** | COLLEGE OF  
DENTAL MEDICINE

**BU** Henry M. Goldman School of Dental Medicine



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