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Soft and hard tissue preservation with EVERY tooth extraction: Why is that necessary and how is it done?

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Dr. Nader Hamdan is the director of the graduate periodontics program in the Faculty of Dentistry at Dalhousie University, where he is an associate professor. He holds a BDS from Jordan University of Science and Technology, a MSc in Dental Sciences from McGill University, and a MDent (Perio) from the University of Manitoba. A busy lecturer and continuing education teacher, Dr. Hamdan has also published many scientific articles and co-authored multiple book chapters and books on dental implantology and periodontics. He is a fellow of the Royal College of Dentists of Canada, a Diplomate of the American Board of Periodontology and Dental Implant Surgery, and a fellow of the Faculty of Dental Surgery of the Royal College of Physicians and Surgeons of Glasgow. He also treats patients in private practices limited to periodontics and dental implant surgery.

COURSE OUTLINE

Bone loss around extraction sites is often a major concern for both the patient and the dentist. A loss of soft tissue volume or a decrease in soft-tissue quality can complicate matters further, presenting future surgical, periodontal, or prosthodontic challenges, especially in the aesthetic areas. Many procedures and materials are used to regain or cover lost bone structure, such as bone and gingival grafts. However, the golden rule of “prevention is better than cure” applies here, and dentists can often prevent or mitigate the effects of tooth loss on the hard and soft tissue profile of their patients. This presentation will shed light on this important topic.

COURSE OBJECTIVES

At the end of this course, participants will know how to:

- Review the hard and soft tissue effects of tooth loss
- Review the different treatment options for tooth loss and their advantages/disadvantages
- Review some of the techniques recommended to mitigate the effects of hard and soft tissue loss, especially in the aesthetic zone
- Provide a clear understanding and definition of “alveolar ridge preservation”
- Review and develop an evidence-based approach on how to predictably treat and manage extraction sites

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