



INTERNATIONAL STUDENT OPT-OUT

INTERNATIONAL STUDENTS IN HOME COUNTRY ONLY.

International students who are studying remotely in their home country starting in the Fall 2020 term are eligible to opt out of both the DSU International Health Plan and the DSU Health and Dental Plan.

You must opt out during the applicable opt out periods.

Fall: August 4th - September 18th

Winter: December 10th - January 15th

DSU INTERNATIONAL HEALTH PLAN

You will be required to opt out each term that you are in your home country.

Please visit www.internationalhealth.ca/dsu and select the flashing opt in / out button and then the Home Country button. You will be required to complete the opt out form and submit to the health plan office. You will be provided an e-mail response regarding the outcome of your application.

DSU HEALTH AND DENTAL PLAN

You will only be required to opt out during the fall term opt out period. This will opt you out for the whole year. If you arrive in Canada during the winter or spring semester, you will need to opt in for coverage.

You must opt out through the Dal Online portal. Select Web for Students and Health Plan Opt Out. Enter 'Home Country' for all of the fields required. You will be provided an e-mail response regarding the outcome of your application.

HOME COUNTRY SUPPORT

Dalhousie University and the Dalhousie University Students Union are continuing to support international students in their home country through the Remote Study Health Program powered by Student VIP International.

This program provides 24/7 emergency assistance, and multilingual counselling in your home country. This program is being provided to you free of charge by Dalhousie University. Your Remote Study Health Program Welcome Kit will be e-mailed to you during the month of September.

International students who are in Canada must follow the regular opt out protocols. More information is available online at www.studentvip.ca/dsu and www.internationalhealth.ca/dsu

For more information please email dsuhealth@dal.ca or admin@internationalhealth.ca



DSU Health Plan Office
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