



Workshop Schedule – Fall 2022

(See website <https://dal.ca/sfs/workshops> for registration instructions)

Topic	Date	Time	Location
Studying 101: How to Study Effectively	Monday Sep 19	16:00 - 17:00 ADT	Mona Campbell 1107
Building & Maintaining Motivation	Tuesday Sep 20	12:00 - 13:00 ADT	Virtual
Managing Time & Avoiding Procrastination	Wednesday Sep 21	09:00 - 10:00 ADT	Mona Campbell 1107
Effective Reading Strategies	Thursday Sep 22	19:00 - 20:00 ADT	Mona Campbell 1108
Note Taking & Listening Techniques	Friday Sep 23	14:30 - 15:30 ADT	Virtual
Get Focused: Concentration & Memorization	Monday Sep 26	10:00 - 11:00 ADT	Mona Campbell 1108
Setting SMART Goals	Tuesday Sep 27	13:00 - 14:00 ADT	Mona Campbell 1107
Studying 101: How to Study Effectively	Wednesday Sep 28	18:00 - 19:00 ADT	Virtual
Presentation & Speaking Skills	Thursday Sep 29	16:00 - 17:00 ADT	Virtual
Managing Time & Avoiding Procrastination	Monday Oct 3	15:00 - 16:00 ADT	Virtual
Get Focused: Concentration & Memorization	Tuesday Oct 4	10:00 - 11:00 ADT	Virtual
A, B, or C? Strategies for Multiple Choice Exams	Wednesday Oct 5	14:00 - 15:00 ADT	Virtual
Note Taking & Listening Techniques	Thursday Oct 6	19:00 - 20:00 ADT	Mona Campbell 1108
Building & Maintaining Motivation	Friday Oct 7	12:30 - 13:30 ADT	Mona Campbell 1107
Studying 101: How to Study Effectively	Tuesday Oct 11	13:00 - 14:00 ADT	Mona Campbell 1107
Managing Time & Avoiding Procrastination	Wednesday Oct 12	17:00 - 18:00 ADT	Mona Campbell 1107
Setting SMART Goals	Thursday Oct 13	11:30 - 12:30 ADT	Virtual
Short Answer & Essay Exams: Avoiding the Blank Page	Friday Oct 14	12:30 - 13:30 ADT	Virtual
Note Taking & Listening Techniques	Monday Oct 17	14:00 - 15:00 ADT	Virtual
Effective Reading Strategies	Wednesday Oct 19	16:30 - 17:30 ADT	Virtual
Working in a Group	Thursday Oct 20	17:30 - 18:30 ADT	Virtual
Get Focused: Concentration & Memorization	Friday Oct 21	10:00 - 11:00 ADT	Mona Campbell 1107
A, B, or C? Strategies for Multiple Choice Exams	Monday Oct 24	10:30 - 11:30 ADT	Mona Campbell 1108
Presentation & Speaking Skills	Tuesday Oct 25	12:30 - 13:30 ADT	Mona Campbell 1107





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Topic	Date	Time	Location
Short Answer & Essay Exams: Avoiding the Blank Page	Wednesday Oct 26	11:30 - 12:30 ADT	Virtual
Effective Reading Strategies	Friday Oct 28	14:30 - 15:30 ADT	Mona Campbell 1108
A, B, or C? Strategies for Multiple Choice Exams	Tuesday Nov 1	12:30 - 13:30 ADT	Mona Campbell 1107
Building & Maintaining Motivation	Wednesday Nov 2	17:30 - 18:30 ADT	Virtual
Setting SMART Goals	Thursday Nov 3	10:30 - 11:30 ADT	Virtual
Note Taking & Listening Techniques	Friday Nov 4	11:30 - 12:30 ADT	Mona Campbell 1108
Studying 101: How to Study Effectively	Monday Nov 14	9:30 - 10:30 AST	Virtual
Managing Time & Avoiding Procrastination	Tuesday Nov 15	13:30 - 14:30 AST	Mona Campbell 1107
Working in a Group	Wednesday Nov 16	18:00 - 19:00 AST	Mona Campbell 1107
Get Focused: Concentration & Memorization	Thursday Nov 17	15:30 - 16:30 AST	Virtual
Effective Reading Strategies	Friday Nov 18	10:30 - 11:30 AST	Virtual
Setting SMART Goals	Monday Nov 21	14:30 - 15:30 AST	Mona Campbell 1107
Building & Maintaining Motivation	Tuesday Nov 22	16:30 - 17:30 AST	Virtual
Short Answer & Essay Exams: Avoiding the Blank Page	Wednesday Nov 23	18:30 - 19:30 AST	Mona Campbell 1108
A, B, or C? Strategies for Multiple Choice Exams	Thursday Nov 24	17:00 - 18:00 AST	Virtual
Studying 101: How to Study Effectively	Friday Nov 25	12:30 - 13:30 AST	Mona Campbell 1107
Managing Time & Avoiding Procrastination	Monday Nov 28	16:00 - 17:00 AST	Virtual
Effective Reading Strategies	Tuesday Nov 29	12:30 - 13:30 AST	Mona Campbell 1107
Note Taking & Listening Techniques	Wednesday Nov 30	18:30 - 19:30 AST	Virtual
Get Focused: Concentration & Memorization	Thursday Dec 1	11:00 - 12:00 AST	Virtual
Building & Maintaining Motivation	Friday Dec 2	10:00 - 11:00 AST	Mona Campbell 1107
A, B, or C? Strategies for Multiple Choice Exams	Monday Dec 5	15:30 - 16:30 AST	Mona Campbell 1107
Short Answer & Essay Exams: Avoiding the Blank Page	Tuesday Dec 6	13:30 - 14:30 AST	Mona Campbell 1107
Setting SMART Goals	Wednesday Dec 7	16:30 - 17:30 AST	Virtual

