



Workshop Schedule – Fall 2021

(See website www.dal.ca/sfs for registration instructions)

Topic	Date	Time	Location
Studying 101: How to Study Effectively	Monday Sept 20	19:00 - 20:00 ADT	Virtual
Building & Maintaining Motivation	Tuesday Sept 21	13:00 - 14:00 ADT	Virtual
Managing Time & Avoiding Procrastination	Wednesday Sept 22	10:00 - 11:00 ADT	Virtual
Effective Reading Strategies	Thursday Sept 23	18:30 - 19:30 ADT	Virtual
Get Focused: Concentration & Memorization	Friday Sept 24	14:00 - 15:00 ADT	Virtual
Note Taking & Listening Techniques	Monday Sept 27	11:30 - 12:30 ADT	Virtual
Setting SMART Goals	Tuesday Sept 28	15:30 - 16:30 ADT	Virtual
Studying 101: How to Study Effectively	Wednesday Sept 29	10:30 - 11:30 ADT	Virtual
A, B, or C? Strategies for Multiple Choice Exams	Friday Oct 1	10:00 - 11:00 ADT	Virtual
Managing Time & Avoiding Procrastination	Friday Oct 1	13:00 - 14:00 ADT	Virtual
Get Focused: Concentration & Memorization	Monday Oct 4	17:00 - 18:00 ADT	Virtual
Presentation & Speaking Skills	Tuesday Oct 5	10:00 - 11:00 ADT	Virtual
Building & Maintaining Motivation	Wednesday Oct 6	18:30 - 19:30 ADT	Virtual
Note Taking & Listening Techniques	Thursday Oct 7	13:30 - 14:30 ADT	Virtual
A, B, or C? Strategies for Multiple Choice Exams	Friday Oct 8	14:30 - 15:30 ADT	Virtual
Managing Time & Avoiding Procrastination	Tuesday Oct 12	17:00 - 18:00 ADT	Virtual
Setting SMART Goals	Wednesday Oct 13	11:30 - 12:30 ADT	Virtual
Note Taking & Listening Techniques	Thursday Oct 14	16:30 - 17:30 ADT	Virtual
Short Answer & Essay Exams: Avoiding the Blank Page	Friday Oct 15	12:00 - 13:00 ADT	Virtual
Building & Maintaining Motivation	Monday Oct 18	15:30 - 16:30 ADT	Virtual
Effective Reading Strategies	Tuesday Oct 19	13:00 - 14:00 ADT	Virtual
Working in a Group	Wednesday Oct 20	17:00 - 18:00 ADT	Virtual
Get Focused: Concentration & Memorization	Thursday Oct 21	10:00 - 11:00 ADT	Virtual
Studying 101: How to Study Effectively	Friday Oct 22	11:30 - 12:30 ADT	Virtual
Presentation & Speaking Skills	Monday Oct 25	18:30 - 19:30 ADT	Virtual





Workshop Schedule – Fall 2021

(See website www.dal.ca/sfs for registration instructions)

Topic	Date	Time	Location
Note Taking & Listening Techniques	Tuesday Oct 26	10:00 - 11:00 ADT	Virtual
Managing Time & Avoiding Procrastination	Wednesday Oct 27	14:00 - 15:00 ADT	Virtual
Effective Reading Strategies	Thursday Oct 28	17:00 - 18:00 ADT	Virtual
A, B, or C? Strategies for Multiple Choice Exams	Friday Oct 29	11:30 - 12:30 ADT	Virtual
Building & Maintaining Motivation	Monday Nov 1	13:00 - 14:00 ADT	Virtual
Setting SMART Goals	Tuesday Nov 2	10:30 - 11:30 ADT	Virtual
Short Answer & Essay Exams: Avoiding the Blank Page	Wednesday Nov 3	14:30 - 15:30 ADT	Virtual
Studying 101: How to Study Effectively	Thursday Nov 4	17:30 - 18:30 ADT	Virtual
Managing Time & Avoiding Procrastination	Friday Nov 5	11:30 - 12:30 ADT	Virtual
Working in a Group	Monday Nov 15	13:00 - 14:00 AST	Virtual
Get Focused: Concentration & Memorization	Tuesday Nov 16	18:30 - 19:30 AST	Virtual
Effective Reading Strategies	Wednesday Nov 17	11:30 - 12:30 AST	Virtual
Setting SMART Goals	Thursday Nov 18	18:30 - 19:30 AST	Virtual
Building & Maintaining Motivation	Friday Nov 19	12:30 - 13:30 AST	Virtual
Short Answer & Essay Exams: Avoiding the Blank Page	Monday Nov 22	18:30 - 19:30 AST	Virtual
A, B, or C? Strategies for Multiple Choice Exams	Tuesday Nov 23	17:00 - 18:00 AST	Virtual
Studying 101: How to Study Effectively	Wednesday Nov 24	13:00 - 14:00 AST	Virtual
Managing Time & Avoiding Procrastination	Thursday Nov 25	11:00 - 12:00 AST	Virtual
Effective Reading Strategies	Friday Nov 26	14:30 - 15:30 AST	Virtual
Note Taking & Listening Techniques	Monday Nov 29	15:30 - 16:30 AST	Virtual
Get Focused: Concentration & Memorization	Wednesday Dec 1	17:30 - 18:30 AST	Virtual
Building & Maintaining Motivation	Thursday Dec 2	10:00 - 11:00 AST	Virtual
Setting SMART Goals	Friday Dec 3	13:30 - 14:30 AST	Virtual
A, B, or C? Strategies for Multiple Choice Exams	Monday Dec 6	16:30 - 17:30 AST	Virtual
Short Answer & Essay Exams: Avoiding the Blank Page	Tuesday Dec 7	13:30 - 14:30 AST	Virtual

