

The guide below can be used to assist you with your first-year course selection. Use the table below, the [academic timetable](#) and the [schedule worksheet](#) to build your schedule. Plan your required courses first, and then choose your electives based on your interests and future goals. For complete degree requirements, see the Academic Calendar at www.dal.ca/calendar.

Transfer students and any student with questions about Therapeutic Recreation course selection should contact one of the HAHP advisors: **Heidi Tracey Baillie** at htb@dal.ca or **Lindsay Currie** at lindsay.currie@dal.ca

Fall	Winter
Leisure Studies (LEIS) 1127: Foundations of Recreation Lecture only	Leisure Studies (LEIS) 1130: Foundations and Concepts of Therapeutic Recreation Lecture only
HSCE 1020: Human Anatomy and Physiology I Lecture only (online)	Leisure Studies (LEIS 2296): Leadership and Group Dynamics Lecture only
Open Elective *	HSCE 1030: Human Anatomy and Physiology II Lecture only (online)
Sociology & Social Anthropology (SOSA) 1002: People and Culture: Introduction to Anthropology Lecture only	Sociology & Social Anthropology (SOSA) 1003: Introduction to Sociology Lecture only
Psychology (PSYO) 1011 or 1031: Intro to Psych and Neuroscience 1 ** Lecture and Lab	Psychology (PSYO) 1012 or 1032: Intro to Psych and Neuroscience 2 ** Lecture and Lab
Interprofessional Health Education (IPHE) 4900: Interprofessional Health Education Portfolio *** Section 02	Interprofessional Health Education (IPHE) 4900: Interprofessional Health Education Portfolio *** Section 02

***Open Elective:** This can be any course of your choice for which you are permitted to register. Students should look through many subject areas in the timetable to find a subject of interest.

**** PSYO 1011 or 1031 and 1012 or 1032:** The 1011/1012 courses are in-person while the 1031/1032 courses are online asynchronous.

***** IPHE 4900:** Register for this like you would a course but when the semester begins, you will not actually attend a lecture each Tuesday/Thursday as noted in the timetable. Students must register in IPHE 4900 (section 02) every term during the degree program.

MY PLAN FOR FALL TERM

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:35					
9:05					
9:35					
10:05					
10:35					
11:05					
11:35					
12:05					
12:35					
13:05					
13:35					
14:05					
14:35					
15:05					
15:35					
16:05					
16:35					
Evening Classes					

Course	Ex. Biology 2030					
Lecture CRN	10241					
Lab CRN	10245					
Tutorial CRN	10255					



MY PLAN FOR WINTER TERM

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:35					
9:05					
9:35					
10:05					
10:35					
11:05					
11:35					
12:05					
12:35					
13:05					
13:35					
14:05					
14:35					
15:05					
15:35					
16:05					
16:35					
Evening Classes					

Course	Ex. Biology 2030					
Lecture CRN	10241					
Lab CRN	10245					
Tutorial CRN	10255					

