

FACULTY OF HEALTH

School of Health and Human Performance

Bachelor of Science (Recreation) – Therapeutic Recreation First Year Course Planning Guide

2021-2022 Academic Year

The guide below can be used to assist you with your first-year course selection. Use the table below, the [academic timetable](#) and the [schedule worksheet](#) to build your schedule. Plan your required courses first, and then choose your electives based on your interests and future goals. For complete degree requirements, see the Academic Calendar at www.dal.ca/calendar.

Transfer students and any student with questions about Therapeutic Recreation course selection should contact one of the HAHP advisors: **Heidi Tracey Baillie** at htb@dal.ca or **Lindsay Currie** at lindsay.currie@dal.ca

Fall	Winter
Leisure Studies (LEIS) 1127: Foundations of Recreation Lecture only	Leisure Studies (LEIS) 2130: Foundations and Concepts of Therapeutic Recreation Lecture Only
Anatomy (ANAT) 1020 or 1010: Basic Human Anatomy Lecture only	Leisure Studies (LEIS) 2296: Leadership and Group Dynamics Lecture Only
Sociology & Social Anthropology (SOSA) 1002: People & Culture: Introduction to Anthropology Lecture only	Sociology & Social Anthropology (SOSA) 1003: Introduction to Sociology Lecture only
Psychology (PSYO) 1011: Intro to Psych and Neuroscience 1 Lecture and Lab	Psychology (PSYO) 1012: Intro to Psych and Neuroscience 2 Lecture and Lab
Open Elective *	Open Elective *
Interprofessional Health Education (IPHE) 4900: Interprofessional Health Education Portfolio ** Section 02	Interprofessional Health Education (IPHE) 4900: Interprofessional Health Education Portfolio ** Section 02

***Open Elective:** This can be any course of your choice for which you are permitted to register. Students should look through many subject areas in the timetable to find a subject of interest.

**** IPHE 4900:** Register for this like you would a course but when the semester begins, you will not actually attend a lecture each Tuesday/Thursday as noted in the timetable. Students must register in IPHE 4900 every term during the degree program. More details on IPHE will be provided to students in September.

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