

The guide below can be used to assist you with your first-year course selection. Use the table below, the [academic timetable](#) and the [schedule worksheet](#) to build your schedule. Plan your required courses first, and then choose your electives based on your interests and future goals. For complete degree requirements, see the Academic Calendar at www.dal.ca/calendar.

Transfer students or any student with questions about Kinesiology course selection should contact one of the HAHP advisors:

Heidi Tracey Baillie at htb@dal.ca or Lindsay Currie at lindsay.currie@dal.ca

Fall	Winter
Kinesiology (KINE) 1104: Foundations in Kinesiology Lecture and Lab	Kinesiology (KINE) 1102: Physical Activity and Health Lecture and Lab
Anatomy (ANAT) 1020 or 1010: Basic Human Anatomy Lecture only	Kinesiology (KINE) 1106: Philosophy and Ethics for Kinesiology Lecture and Tutorial (tutorial is in an online format)
English (ENGL) 1100: Writing for University * Lecture (section 02) and Tutorial (choose one from T05, T06, T07, T08)	Kinesiology (KINE) 1108: Psychology and Physical Activity Lecture and Lab
Physiology (PHYL) 1011 or 1001: Human Physiology** Lecture and Tutorial (if required)	Physiology (PHYL) 1012 or 1002: Human Physiology 2** Lecture and Tutorial (if required)
Science Elective (see options below) **** Lecture and Lab or Tutorial (if required)	Science Elective (see options below) **** Lecture and Lab or Tutorial (if required)
Interprofessional Health Education (IPHE) 4900: Interprofessional Health Education Portfolio *** Section 02	Interprofessional Health Education (IPHE) 4900: Interprofessional Health Education Portfolio. *** Section 02

* **ENGL1100:** Please register for designated KINE lecture section and choose one tutorial from designated KINE tutorial sections. The tutorial may show it is at the same time as the lecture and may appear as a conflict - please proceed to register for both regardless as there will only be a lecture or a tutorial on those days, not both.

** **PHYL 1011/1001 and 1012/1002** – Students must register for a tutorial along with the lecture if there is a tutorial listed.

*** **IPHE 4900:** Register for this like you would a course but when the semester begins, you will not actually attend a lecture each Tuesday/Thursday as noted in the timetable. Students must register in IPHE 4900 every term during the degree program. More details on IPHE will be provided to students in September.

**** SCIENCE ELECTIVE CHOICES

The science elective chosen for each term in first year must be selected from the following list – please select one course from the list for each term:

FALL

- **Biology:** [BIOL 1010.03](#) or [BIOL1020.03](#)
- **Chemistry:** [CHEM 1011.03](#)
- **Mathematics:** [MATH 1000.03](#) or [MATH 1215.03](#)
- **Psychology:** [PSYO 1011.03](#)

WINTER

- **Biology:** [BIOL 1011.03](#) or [BIOL 1021.03](#)
- **Chemistry:** [CHEM 1012.03](#) (Pre-requisite CHEM 1011.03)
- **Mathematics:** [MATH 1010.03](#) (Pre-requisite MATH 1215.03 or MATH 1000.03)
- **Psychology:** [PSYO 1012.03](#)