



DALHOUSIE INTRAMURALS

Intramural and Sports Club Fair

Wednesday, September 4th

7:30-9:30pm

Studley Gymnasium

Fall 2019 Sport Leagues

Sport	Level	Registration	Day/Time	Start Date	Location
SOCCER	Co-ed Comp	Aug. 30 – Sept. 11	Mondays, 7-11pm	Sept. 16	Wickwire (2&3)
	Co-ed Rec	Aug. 30 – Sept. 11	Wednesdays, 7-11pm	Sept. 18	Wickwire (1&2)
	Co-ed Rec	Aug. 30 – Sept. 11	Sundays, 9-11pm	Sept. 15	Wickwire (1)
	Co-ed Rec	Aug. 30 – Sept. 11	Sundays 3-7pm	Sept. 22	Wickwire (2)
	Men's Comp	Aug. 30 – Sept. 11	Sundays, 3-7pm	Sept. 22	Wickwire (1)
	Women's Comp	Aug. 30 – Sept. 11	Sundays, 3-7pm	Sept. 22	Wickwire (3)
ULTIMATE FRISBEE	Co-ed Rec	Aug. 30 – Sept. 11	Tuesdays 7-11pm	Sept. 17	Wickwire (2&3)
	Co-ed Rec	Aug. 30 – Sept. 11	Thursday, 7-11pm	Sept. 19	Wickwire (2&3)
FLAG FOOTBALL	Co-ed Rec	Aug. 30 – Sept. 11	Sundays, 7-11pm	Sept. 15	Wickwire (2&3)
ROCK CLIMBING	Co-ed Rec	Aug. 30 – Sept. 11	Sundays, 5:30-9:30pm	Sept. 15	Rock Court
HOCKEY * (non-contact)	Co-ed Residence	Aug. 30 – Sept. 11	Wednesdays, 10pm-1am	Sept. 18	Halifax Forum
	Comp A	Aug. 30 – Sept. 11	Mondays, 10pm-1am	Sept. 16	Halifax Civic Arena
	Comp B	Aug. 30 – Sept. 11	Sundays, 9:30pm-11:30pm	Sept. 15	Halifax Civic Arena
BASKETBALL	Men's	Aug. 30 – Sept. 11	Mondays 7:30pm- 10:30pm	Sept. 16	Dalplex – B2 & B3
	Co-ed Rec	Aug. 30 – Sept. 11	Tuesdays 7:30pm-10:30pm	Sept. 17	Dalplex – B2 & B3
	Co-ed Rec	Aug. 30 – Sept. 11	Wednesdays 7:30pm-10:30pm	Sept. 18	Dalplex – B3
	Co-ed Rec	Aug. 30 – Sept. 11	Thursdays 7:30pm – 10:30pm	Sept. 19	Dalplex – B3
INDOOR SOCCER	Men's	Aug. 30 – Sept. 11	Thursdays 7pm-11pm	Sept. 19	Sexton Gym
FLOOR HOCKEY	Men's	Aug. 30 – Sept. 11	Tuesdays 6pm-11pm	Sept. 17	Sexton Gym
	Co-ed Rec	Aug. 30 – Sept. 11	Wednesdays 6pm-11pm	Sept. 18	Sexton Gym
VOLLEYBALL	Co-ed Rec	Aug. 30 – Sept. 11	Tuesdays 7:30-10:30 pm	Sept. 17	Dalplex – C2 & C3
	Co-ed Comp	Aug. 30 – Sept. 11	Sundays, 6:30-10:30pm	Sept. 15	Dalplex – B2 & B3
	Co-ed Rec	Aug. 30 – Sept. 11	Mondays, 7:30-10:30pm	Sept. 16	Dalplex – C2 & C3
INNER TUBE WATER POLO	Co-ed Rec	Aug. 30 – Sept. 11	Thursdays 7:15-10:15 pm	Sept. 19	Dalplex Pool
SPORTS OF ALL SORTS**	Co-ed Rec	Aug. 30 – Sept. 11	Thursdays 7:30-11:30pm	Sept. 19	Studley Gym
!!!NEW!!! ESPORTS	Co-ed Rec	Sept. 6 – Sept. 11	TBD	Sept. 15	TBD

* Helmets with full cages and shoulder pads are required and participants must supply their own in addition to standard hockey gear. Hockey also requires an additional, non-refundable fee.

**Sports change weekly between Basketball, Indoor Soccer, Ultimate Frisbee and Dodgeball!

Fall 2019 Mini Leagues & Tournaments

Sport	Level	Registration	Day/Time	Start Date	End Date	Location
TENNIS	Singles/Doubles/Mixed	Aug. 30 – Sept. 11	Saturday, 10am-6pm	Sept. 28	Sept. 28	Tennis Courts
CURLING	Co-ed Rec	Aug. 30 – Sept. 11	Sundays, 5:15pm-7:15pm	Oct.6	Dec. 1	Halifax Curling Club
SOFTBALL	Co-ed	Aug. 30 – Sept. 11	Saturday, 10am-6pm	Sept. 21	Sept. 21	HRM Fields
SQUASH	Singles	Aug. 30 – Oct. 12	Saturday, 11am- 6:15 pm	Oct. 19	Oct. 19	Squash Courts

DALHOUSIE INTRAMURALS

Winter 2020 Sport Leagues

Sport	Level	Registration	Day/Time	Start Date	Location
ROCK CLIMBING	Co-ed Rec	Aug. 30 – Jan. 9	Sundays, 5:30-9:30pm	Jan. 12	Rock Court
BASKETBALL	Co-ed Comp	Aug. 30 – Jan. 9	Sundays, 6:30-10:30pm	Jan. 12	Dalplex – B3
	Co-ed Rec	Aug. 30 – Jan. 9	Wednesdays, 7:30-10:30pm	Jan. 22	Dalplex – B2 & B3
	Co-ed Rec	Aug. 30 – Jan. 9	Thursdays, 7:30-10:30pm	Jan. 17	Dalplex – B3
	Men's	Aug. 30 – Jan. 9	Tuesdays, 7:30-10:30pm	Jan. 14	Dalplex – B3, Studley Gym
	Women's	Aug. 30 – Jan. 9	Mondays, 7:30-10:30pm	Jan. 14	Dalplex – B3
VOLLEYBALL	Co-ed Rec	Aug. 30 – Jan. 9	Mondays, 7:30-10:30pm	Jan. 14	Dalplex – B3
	Co-ed Comp	Aug. 30 – Jan. 9	Mondays, 7:30-10:30pm	Jan. 13	Dalplex – B2 & C3
	Co-ed Rec	Aug. 30 – Jan. 9	Sundays, 6:30-10:30pm	Jan. 12	Dalplex – B2
	Co-ed Rec	Aug. 30 – Jan. 9	Tuesdays, 7:30-10:30pm	Jan. 14	Dalplex – B2 & C3
INDOOR SOCCER	Women's	Aug. 30 – Jan. 9	Thursdays, 7:30-10:30pm	Jan. 16	Dalplex – C2
	Women's	Aug. 30 – Jan. 9	Wednesdays, 7:30-8:30pm	Jan. 15	Studley Gym
	Men's	Aug. 30 – Jan. 9	Mondays, 6 -11pm & Thursdays, 9pm - 11pm	Jan. 13	Sexton Gym
	Co-ed Rec	Aug. 30 – Jan. 9	Wednesdays, 9:30-11:30pm	Jan. 15	Studley Gym
FLOOR HOCKEY	Co-ed Rec	Aug. 30 – Jan. 9	Thursdays, 6pm – 9pm	Jan. 16	Sexton Gym
	Men's	Aug. 30 – Jan. 9	Tuesdays, 6 -11pm	Jan. 14	Sexton Gym
EUROPEAN HANDBALL	Co-ed Rec	Aug. 30 – Jan. 9	Wednesdays, 6 -11 pm	Jan. 15	Sexton Gym
	Co-ed Rec	Aug. 30 – Jan. 9	Thursdays, 7:30-10:30pm	Jan. 16	Dalplex - B2
INNER TUBE WATER POLO	Co-ed Rec	Aug. 30 – Jan. 9	Thursdays, 7-10 pm	Jan. 16	Dalplex Pool
INDOOR ULTIMATE FRISBEE (4vs4)	Co-ed Rec	Aug. 30 – Jan. 9	Sundays, 6-10pm	Jan. 12	Sexton Gym

Winter 2020 Mini Leagues & Tournaments

Sport	Level	Registration	Day/Time	Start Date	End Date	Location
CURLING	Co-ed	Aug. 30 – Jan. 9	Sundays, 5:15pm-7:15pm	Jan. 12	March 8	Halifax Curling Club
DODGEBALL	Co-ed	Aug. 30 – Jan. 9	Thursdays, 7:30-10:30pm	Jan. 16	Feb. 13	Studley Gym
DODGEBALL TOURNEY	Co-ed	Aug. 30 – Jan. 9	Saturday, 10am-6pm	Jan. 18	Jan. 18	Studley Gym

For more information:

Website: www.dal.ca/intramurals

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