



# DALHOUSIE INTRAMURALS

**General Information Session  
& Sport Rep Meeting**

**Thursday, September 7<sup>th</sup>  
Dalplex Room 206 5:30pm**

## Fall 2017 Sport Leagues

Sport	Level	Registration	Day/Time	Start Date	Location
SOCCER	Co-ed Comp.	Sept. 1 – Sept. 13	Mondays, 7-11pm	Sept. 18	Wickwire (2&3)
	Co-ed Rec.	Sept. 1 – Sept. 13	Wednesdays, 7-11pm	Sept. 20	Wickwire (1&2)
	Co-ed Rec.	Sept. 1 – Sept. 13	Sundays, 9-11pm	Sept. 17	Wickwire (1)
	Co-ed Rec.	Sept. 1 – Sept. 13	Sundays 3-7pm	Sept. 17	Wickwire (3)
	Men's Comp.	Sept. 1 – Sept. 13	Sundays, 3-7pm	Sept. 17	Wickwire (1)
	Women's.	Sept. 1 – Sept. 13	Sundays, 3-5pm	Sept. 17	Wickwire (2)
ULTIMATE FRISBEE	Co-ed Rec.	Sept. 1 – Sept. 13	Tuesdays or Thursdays, 7-11pm	Sept. 19/21	Wickwire (2&3)
	Co-ed Rec.	Sept. 1 – Sept. 13	Mondays, 4-7pm	Sept. 18	Wickwire (3)
FLAG FOOTBALL	Co-ed Rec.	Sept. 1 – Sept. 13	Sundays, 7-11pm	Sept. 17	Wickwire (2&3)
ROCK CLIMBING	Co-ed Rec.	Sept. 1 – Sept. 13	Sundays, 5:30-9:30pm	Sept. 17	Rock Court
HOCKEY * (non-contact)	Co-ed Residence	Sept. 1 – Sept. 20	Wednesdays, 9:30-12:30am	Oct. 4	Halifax Forum
	Comp. A	Sept. 1 – Sept. 20	Mondays, 10pm-1am	Oct. 2	Halifax Civic Arena
	Comp. B	Sept. 1 – Sept. 20	Sundays, 10:30pm-12:30am or Thursdays, 10:30pm-12:30am	Oct. 1/5	Halifax Civic Arena
	** Women's	Sept. 1 – Sept. 20	Sundays, 9:30pm-10:30pm	Oct. 1	Halifax Civic Arena
BASKETBALL	Men's	Sept. 1 – Sept. 13	Mondays 7:30pm- 10:30pm	Sept. 18	Dalplex - Area 11
	Co-ed Rec.	Sept. 1 – Sept. 13	Tuesdays 7:30pm-10:30pm	Sept. 19	Dalplex - Area 11
	Co-ed Rec.	Sept. 1 – Sept. 13	Wednesdays 7:30pm-10:30pm	Sept. 20	Dalplex – Area 11
	Co-ed Rec.	Sept. 1 – Sept. 13	Thursdays 7:30pm-11:30pm	Sept. 21	Studley Gym
INDOOR SOCCER	Men's	Sept. 1 – Sept. 13	Thursdays 6pm-10pm	Sept. 21	Sexton Gym
FLOOR HOCKEY	Comp.	Sept. 1 – Sept. 13	Tuesdays 6pm-11pm	Sept. 19	Sexton Gym
	Rec.	Sept. 1 – Sept. 13	Wednesdays 6pm-11pm	Sept. 20	Sexton Gym
VOLLEYBALL	Co-ed Rec.	Sept. 1 – Sept. 13	Tuesdays 7:30-10:30 pm	Sept. 19	Dalplex – Area 6/7
	Co-ed Rec.	Sept. 1 – Sept. 13	Monday's 7pm-10pm	Sept. 18	Sexton Gym
	Co-ed Comp.	Sept. 1 – Sept. 13	Sundays, 7:30-10:30pm	Sept. 17	Dalplex – Area 6/7
INNER TUBE WATER POLO	Co-ed Rec.	Sept. 1 – Sept. 13	Wednesdays 7-10 pm	Sept. 20	Dalplex Pool

\* Helmets with full cages and shoulder pads are required and participants must supply their own in addition to standard hockey gear. Hockey also requires an additional, non-refundable fee.

\*\*Register as Individuals for Women's Hockey at Dalplex Front Desk – Non-Refundable fee of \$40 (includes jersey)

## Fall 2017 Mini Leagues & Tournaments

Sport	Level	Registration	Day/Time	Start Date	End Date	Location
TENNIS	Singles/Doubles/Mixed	Sept. 1 – Sept. 13	Sunday, 10am-6pm	Sept. 23	Sept. 23	Tennis Courts
CURLING	Co-ed Rec.	Sept. 1 – Sept. 20	Sundays, 4:30-6:30pm	Oct. 1	Dec. 3	Halifax Curling Club
SOCCER	Co-ed Comp.	Sept. 1 – Sept. 20	Monday, 6pm-11pm	Sept. 25	Sept. 25	Wickwire Field
SOFTBALL	Co-ed	Sept. 1 – Sept. 13	Saturday, 10am-6pm	Sept. 23	Sept. 23	HRM Fields
SQUASH	Singles	Sept. 1 – Oct. 13	Saturday & Sunday 11am- 6:15 pm	Oct. 21	Oct. 22	Squash Courts

# DALHOUSIE INTRAMURALS

## Winter 2018 Sport Leagues

Sport	Level	Registration	Day/Time	Start Date	Location
ROCK CLIMBING	Co-ed Rec.	Sept. 1 – Jan. 10	Sundays, 5:30-9:30pm	Jan. 14	Rock Court
BASKETBALL	Co-ed Comp.	Sept. 1 – Jan. 10	Sundays, 6:30-10:30pm	Jan. 14	Dalplex
	Co-ed Rec.	Sept. 1 – Jan. 10	Wednesdays, 7:30-10:30pm	Jan. 17	Dalplex
	Co-ed Rec.	Sept. 1 – Jan. 10	Thursdays, 7:30-10:30pm	Jan. 18	Dalplex
	Men's Comp.	Sept. 1 – Jan. 10	Tuesdays, 7:30-10:30pm	Jan. 16	Dalplex
	Women's	Sept. 1 – Jan. 10	Mondays, 7:30-10:30pm	Jan. 15	Dalplex
VOLLEYBALL	Co-ed Comp.	Sept. 1 – Jan. 10	Mondays, 7:30-10:30pm	Jan. 15	Dalplex
	Co-ed Rec.	Sept. 1 – Jan. 10	Sundays, 6:30-10:30pm	Jan. 14	Dalplex
	Co-ed Rec.	Sept. 1 – Jan. 10	Thursdays, 7:30-10:30pm	Jan. 18	Dalplex
	Co-ed Rec.	Sept. 1 – Jan. 10	Tuesdays, 7:30-10:30pm	Jan. 16	Dalplex
	Women's	Sept. 1 – Jan. 10	Thursdays, 7:30-10:30pm	Jan. 18	Dalplex
INDOOR SOCCER	Women's	Sept. 1 – Jan. 10	Wednesdays, 7:30-9:30pm	Jan. 17	Studley Gym
	Men's	Sept. 1 – Jan. 10	Mondays, 6 -11pm & Thursdays, 9pm - 11pm	Jan. 15	Sexton Gym
	Co-ed	Sept. 1 – Jan. 10	Wednesdays, 9:30pm-12:30am	Jan. 17	Studley Gym
	Co-ed	Sept. 1 – Jan. 10	Thursdays, 6pm – 9pm	Jan. 18	Sexton Gym
FLOOR HOCKEY	Men's	Sept. 1 – Jan. 10	Tuesdays, 6 -11pm	Jan. 16	Sexton Gym
	Co-ed	Sept. 1 – Jan. 10	Wednesdays, 6 -11 pm	Jan. 17	Sexton Gym
EUROPEAN HANDBALL	Co-ed	Sept. 1 – Jan. 10	Sundays, 12-4pm	Jan. 14	Sexton Gym
INNER TUBE WATER POLO	Co-ed Rec.	Sept. 1 – Jan. 10	Sundays, 5-8pm or Wednesdays, 7-10 pm	Jan. 14/17	Dalplex Pool
INDOOR ULTIMATE FRISBEE (4vs4)	Co-ed Rec.	Sept. 1 – Jan. 10	Sundays, 10am- 2pm	Jan. 14	Studley Gym

## Winter 2018 Mini Leagues & Tournaments

Sport	Level	Registration	Day/Time	Start Date	End Date	Location
BADMINTON	Mixed Doubles	Sept. 1 – Jan. 26	Saturday: 10:45-5:30, Sunday: 10:30-5:15	Feb. 3	Feb. 4	Dalplex
	Women's Doubles	Sept. 1 – Jan. 26	Saturday: 10:45-5:30, Sunday: 10:30-5:15	Feb. 3	Feb. 4	Dalplex
	Men's Doubles	Sept. 1 – Jan. 26	Saturday: 10:45-5:30, Sunday: 10:30-5:15	Feb. 3	Feb. 4	Dalplex
	Women's Singles	Sept. 1 – Jan. 26	Saturday: 10:45-5:30, Sunday: 10:30-5:15	Feb. 3	Feb. 4	Dalplex
	Men's Singles	Sept. 1 – Jan. 26	Saturday: 10:45-5:30, Sunday: 10:30-5:15	Feb. 3	Feb. 4	Dalplex
CURLING	Co-ed	Sept. 1 – Jan. 10	Sundays, 4:30-6:30pm	Jan. 14	Mar. 25	Halifax Curling Club
DODGEBALL	Co-ed	Sept. 1 – Jan. 10	Thursdays, 7:30-10:30pm	Jan. 18	Feb. 22	Studley Gym
DODGEBALL TOURNEY	Co-ed	Sept. 1 – Jan. 10	Saturdays, 10am-6pm	Jan. 20	Jan. 20	Studley Gym

**For more information:**

Website: [www.dal.ca/intramurals](http://www.dal.ca/intramurals)

Email: [intra@dal.ca](mailto:intra@dal.ca)

