

## Dalplex Weight Room Staff

The fitness Hall in Dalplex is a state-of-the-art facility, with a wide selection of strength and cardio equipment. Our students and members expect a functional, clean, and organized space to conduct their workouts, so the weight room staff are responsible for ensuring that our standards are met at all times.

As a friendly, approachable and solutions focused thinker, you will interact with students and members daily, answering questions, addressing concerns, and ensuring that our stakeholders have a positive experience.

### Responsibilities

- Greet members as they come into the fitness hall
- Monitoring the weight room and ensuring that all users are adhering to our rules and procedures, ensuring a safe and welcoming environment for all
- Regular cleaning and organizing of the fitness hall
- Consistently maintain a positive, pleasant, courteous, empathetic, respectful, and professional attitude towards members and the Dalhousie community with every interaction.
- Possess in-depth knowledge of Dalhousie Athletics & Recreation and work with other departments to ensure a great user experience.
- Knowledge and regular inspection of fitness equipment, recording any faults and reporting to fitness coordinate
- Engage weight room users and gather feedback on equipment and suggestions
- Strong understanding of emergency procedures and ability to ensure organized egress from the building
- Other duties as assigned by the fitness co-ordinator and/or supervisors

### Qualifications

- The successful candidate will be comfortable interacting with people from all walks of life and age groups.
- A polite and friendly manner is always expected, as well as the ability to work independently and as part of a team.
- The fitness hall is expected to be clean, tidy, and organized at all times, and the weight room staff are solely responsible for this.
- An interest in fitness and weight training
- CPR training is required for this job, however if you have not been certified training will be provided

**Hours:** Shifts vary depending on the availability of the staff but could range from 5:30am to 11pm.

Please submit resume and cover letter to the Fitness Coordinator at [athjobs@dal.ca](mailto:athjobs@dal.ca) with the subject line "Weight Room Staff"