

Spending smart

Fast food!

*Fast food restaurant	Average cost of a meal deal	Monthly cost
5 x WEEK	\$11.50 x 20	\$230.00
4 x WEEK	\$11.50 x 16	\$184.00
3 x WEEK	\$11.50 x 12	\$138.00
2 x WEEK	\$11.50 x 8	\$92.00
1 x WEEK	\$11.50 x 4	\$46.00

*Based on a regular fast food meal



DALHOUSIE
UNIVERSITY

Cost of caffeine!

Coffee shop	Monthly cost inc. tax	
Grande cappuccino - every day	\$5.46 x 30	\$163.80
1 X WEEK	\$5.46 x 4	\$21.84
3 X WEEK	\$5.46 x 12	\$65.52

*At home	Monthly cost inc. tax	
Grande cappuccino - every day	\$0.86 x 30	\$25.80
1 X WEEK	\$0.86 x 4	\$3.44
3 X WEEK	\$0.86 x 12	\$10.32

*Instant cappuccino sachets

Drinking out!

Drinking in a bar - Beer (not including tips)	Monthly cost inc. tax	
3 BEERS - 3 X WEEK	\$6 x 36	\$216.00
2 BEERS - 2 X WEEK	\$6 x 16	\$96.00
1 BEER - 1 X WEEK	\$6 x 4	\$24.00

*Drinking at home - Beer	Monthly cost inc. tax	
3 BEERS - 3 X WEEK	\$2.20 x 36	\$79.20
2 BEERS - 2 X WEEK	\$2.20 x 16	\$35.20
1 BEER - 1 X WEEK	\$2.20 x 4	\$8.00

*Based on a standard bottle of beer (12 bottle pack)