December 15, 2021

Re: COVID precaution notification Dalhousie University – Introduction to Neuroscience class

Students/faculty/staff,

Public Health is investigating a confirmed case of COVID-19 in the community. Based on our findings, you may have had an exposure to COVID-19 at Dalhousie University in the Collaborative Health Education Building (CHEB) in the following class on the specific date and time:

Collaborative Health Education Building, Rm 264
Introduction to Neuroscience
December 7, 2021
8:35 a.m. to 11:35 a.m.

Public Health will only follow-up directly with close contacts that are determined through our investigation. At this time, you are not considered a close contact. However, Public Health requires anyone who has had an exposure to COVID-19 to follow the instructions below regardless of your COVID-19 vaccination status:

- We recommend you get tested (PCR COVID-19 test not a rapid/take-home test) at least 72 hours after the last exposure whether or not you have symptoms.
- You are NOT required to self-isolate or to be tested, unless you develop symptoms.
- Self-monitor for symptoms of COVID-19 for 14 days from the last exposure until December 21. Symptoms include a new or worsening cough, or two or more of the following: fever (i.e. chills, sweats), shortness of breath, sore throat, runny nose/nasal congestion, or headache.
- Anyone who develops symptoms is required to self-isolate, book a PCR COVID-19 test, and stay isolated until you receive a negative test result.

For those who require COVID-19 testing, visit https://covid-self-assessment.novascotia.ca/en or call 811 if you don’t have online access or if you have other symptoms that concern you.

We encourage all eligible Nova Scotians to get fully vaccinated as soon as possible. To book an appointment, visit https://novascotia.ca/coronavirus/book-your-vaccination-appointment/ or call (toll-free) 1-833-797-7772.

Thank you for your cooperation,

Public Health, Nova Scotia Health