Re: COVID precaution notification at Dalhousie University

Students/faculty/staff,

Public Health is investigating a confirmed case of COVID-19 in the community. Based on our findings, you may have had an exposure to COVID-19 at Dalhousie University on the specific date and time:

Main floor Study area: Sir Charles Tupper Medical Building, 5850 College Street Halifax NS Dec 6th 1100-1230 hrs

Public Health will only follow-up directly with close contacts that are determined through our investigation. At this time, you are not considered a close contact. However, Public Health requires anyone who has had an exposure to COVID-19 to follow the instructions below regardless of your COVID-19 vaccination status:

- We recommend you get tested (PCR COVID-19 test not a rapid/take-home test) at least 72 hours after the last exposure whether or not you have symptoms.
- You are NOT required to self-isolate or to be tested, unless you develop symptoms.
- Self-monitor for symptoms of COVID-19 for 14 days from the last exposure until December 20th. Symptoms include a new or worsening cough, or two or more of the following: fever (i.e. chills, sweats), shortness of breath, sore throat, runny nose/nasal congestion, or headache.
- Anyone who develops symptoms is required to self-isolate, book a PCR COVID-19 test, and stay isolated until you receive a negative test result.

For those who require COVID-19 testing, visit https://covid-self-assessment.novascotia.ca/en or call 811 if you don’t have online access or if you have other symptoms that concern you.

We encourage all eligible Nova Scotians to get fully vaccinated as soon as possible. To book an appointment, visit https://novascotia.ca/coronavirus/book-your-vaccination-appointment/ or call (toll-free) 1-833-797-7772.

Thank you for your cooperation,

Public Health, Nova Scotia Health