



Public Health

October 5, 2021

Re: COVID precaution notification at location Dalhousie University - Killam Memorial Library

Public Health is investigating a confirmed case of COVID-19 on the Dalhousie University campus. Based on our findings, **you may have had a community exposure to COVID-19 in the Killam Memorial Library (main and first floors only) on September 28, 2021 between 2:30 p.m. and 3:30 p.m.**

Public Health will only follow-up directly with close contacts that are determined through our investigation. At this time, you are not considered a close contact. However, **Public Health requires anyone who has had an exposure to COVID-19 to follow the instructions below based on your COVID-19 vaccination status:**

- **FULLY VACCINATED** means the final dose of a COVID-19 vaccine series* was received at least 14 days before the first exposure.
- Otherwise, the exposed student/staff is considered **NOT FULLY VACCINATED** against COVID-19.

**Fully vaccinated is defined as:*

- *Two doses of a Health Canada-authorized two-dose vaccine: Pfizer, Moderna or AstraZeneca/COVISHIELD, or*
- *One dose of a Health Canada-authorized one-dose vaccine: Janssen (J&J) **plus** one dose of a Health Canada-approved mRNA vaccine (Pfizer or Moderna), or*

*Complete series of a non-Health Canada-authorized vaccine **plus** one dose of a Health Canada-approved mRNA vaccine (Pfizer or Moderna)*

If you are fully vaccinated:

- **You are NOT required to self-isolate or to be tested, unless you develop symptoms.**
- Self-monitor for symptoms of COVID-19 for 14 days from the exposure until October 12. Symptoms include a new or worsening cough, or two or more of the following: fever (i.e. chills, sweats), shortness of breath, sore throat, runny nose/nasal congestion, or headache.
- Anyone who develops symptoms is required to self-isolate, book a PCR COVID-19 test, and stay isolated until you receive a negative test result.

If you are not fully vaccinated, you are at risk of contracting COVID-19 and are required to do the following:

- **You do NOT need to isolate, unless you develop symptoms.**
- **We strongly recommend you get tested (PCR COVID-19 test) at least 72 hours after the exposure** whether or not you have symptoms.
- Self-monitor for symptoms of COVID-19 for 14 days from the exposure until October 12. Symptoms include a new or worsening cough, or two or more of the following: fever (i.e. chills, sweats), shortness of breath, sore throat, runny nose/nasal congestion, or headache.



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- Anyone who develops symptoms is required to self-isolate, book a PCR COVID-19 test, and stay isolated until you receive a negative test result.

For those who require COVID-19 testing, visit <https://covid-self-assessment.novascotia.ca/en> or call 811 if you don't have online access or if you have other symptoms that concern you.

We encourage all eligible Nova Scotians to get fully vaccinated as soon as possible. To book an appointment, visit <https://novascotia.ca/coronavirus/book-your-vaccination-appointment/> or call (toll-free) 1-833-797-7772.

Thank you for your cooperation,

Public Health, Nova Scotia Health