

Nova Scotia Health Long Term Care Inter-Facility Transfer Tool



FACULTY OF ENGINEERING

Department of Industrial Engineering Acknowledgements: Dr. Peter VanBerkel, Dr. Claver Diallo, Dr. Alireza Ghasemi, Dr. Pemberton Cyrus, Dr. Noreen Kamal, Dr. John Blake

Lindsay Cormier • Amelia Lane • Joachim Mwebembezi • Borna Noveiri • Neel Patel

1. Problem Definition

Thousands of long-term care patients across Nova Scotia are unhappy in their current facility. These patients put themselves on an interfacility transfer waitlist hoping to be moved to a facility of their choice.

- **First Available Bed Policy:** Patients in need of long-term care in Nova Scotia are assigned the first available bed that meets their care needs and is within 100km of their community.
- Reasons for Transfer Requests:
- Desire to be closer to family
- Desire to be closer to their culture/home community
- Reuniting with a partner in a different facility
- Wait Times for Transfers: Transferring to a preferred facility can take several years, as inter-facility transfers are not prioritized.

2. Project Scope & Objectives

- Create a tool to identify potential transfer chains
- Increase the number of transfers per vacancy
- Increase patient satisfaction by placing them in their preferred homes

3. Integer Linear Programs (ILPs) & Algorithms

Every bed/patient on the waitlist was treated as a node in a network, and every potential transfer is an edge. From there, 2 ILPs were created to identify transfer chains. The objective is to maximize the total score of every transfer in the chain. Transfers/edges are only considered if the new facility meets a patients needs and is within their list of preferred homes.

Objective function: Maximize $\sum_{i=1}^{n} \sum_{j=1}^{n} C_{ij} * x_{ij}$

Longest Path Problem

Starts with an **empty bed** and produces one chain from there.

Constraints: **vacancy must be filled**, flow must be conserved (if someone leaves a bed, someone else must fill it).

Solved with **Dynamic Programming**/Greedy Algorithm

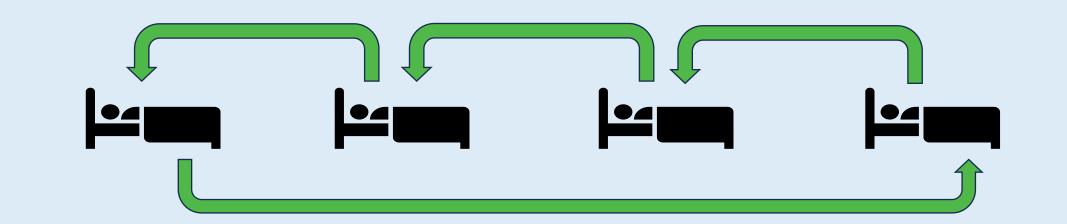


Assignment Problem

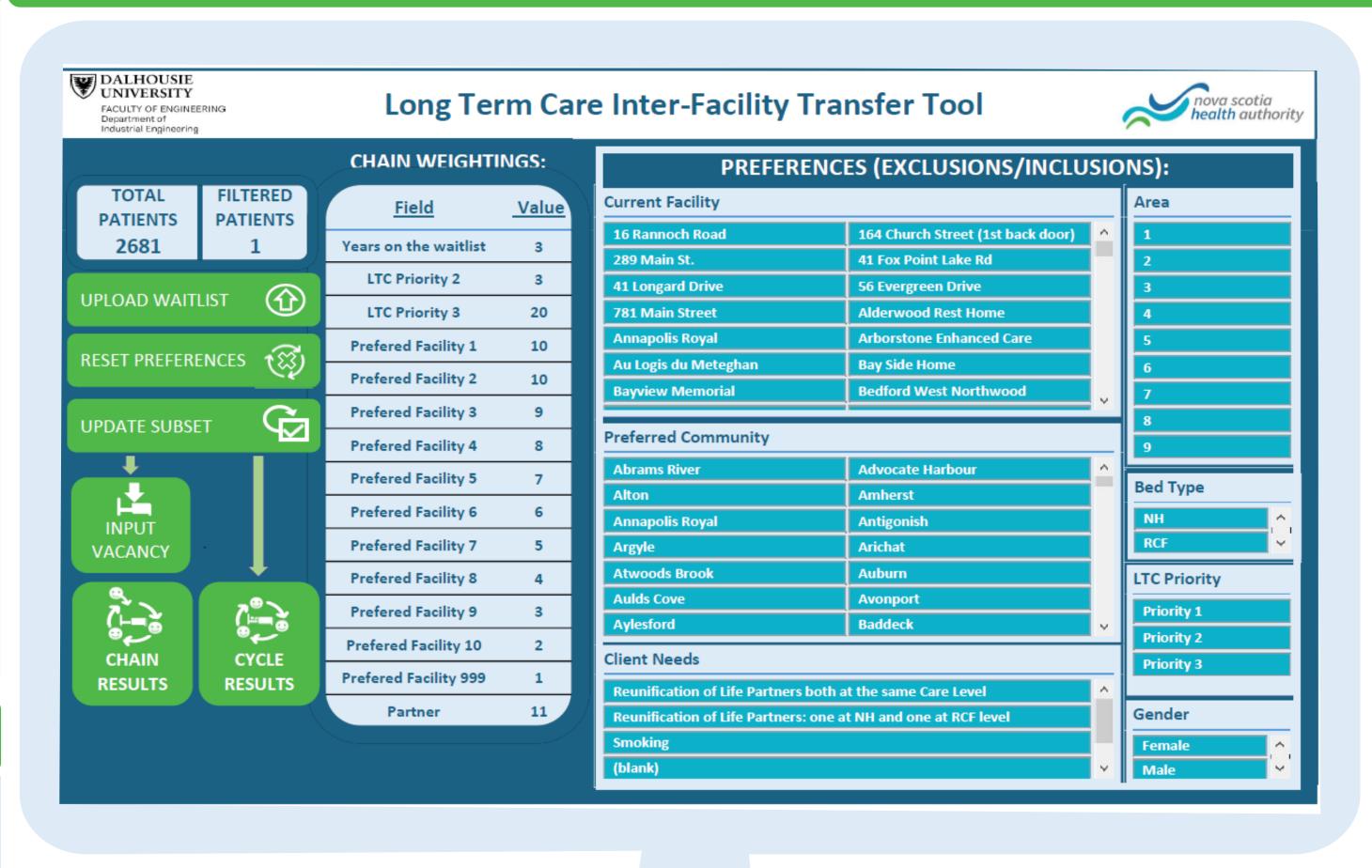
Finds all potential bed swaps and cycles (no vacancy required).

Constraints: every patient must be assigned a bed (can be their own bed if no transfers are possible).

Solved with the **Hungarian Algorithm**



4. Inter-Facility Transfer Tool Interface



Goal: Input customized data, find longest chains/cycles of transfers.

Prioritizing: Priority level, years on the waitlist, and facility rankings can be weighted to increase/decrease their chance of being selected in the solution.



Data Filtering: The user can filter the entire provincial dataset to look at certain areas and patient attributes.



Scenario Planning: The user can test out different scenarios by inputting vacancies, adjusting the filters, and getting transfer chains all within the tool.

5. Case Study

A vacancy at Northwood Care facility for a female/non-smoking patient using the tool, and the data was filtered only for facilities on the Halifax peninsula. The diagram below shows a piece of the chain produced.

A patient from Northwood can be transferred into Saint Vincent's

A patient from Arborstone Enhanced Care can be transferred into Northwood

A patient from Maplestone Enhanced Care can be transferred into Arborstone

A second patient from Arborstone can be transferred into Maplestone

A patient from Northwood can be transferred into Arborstone

Maplestone
Enhanced Care

#1

VACANCY

Lalifax

Saint Vincent's
Nursing Home

#2

Arborstone
Enhanced Care

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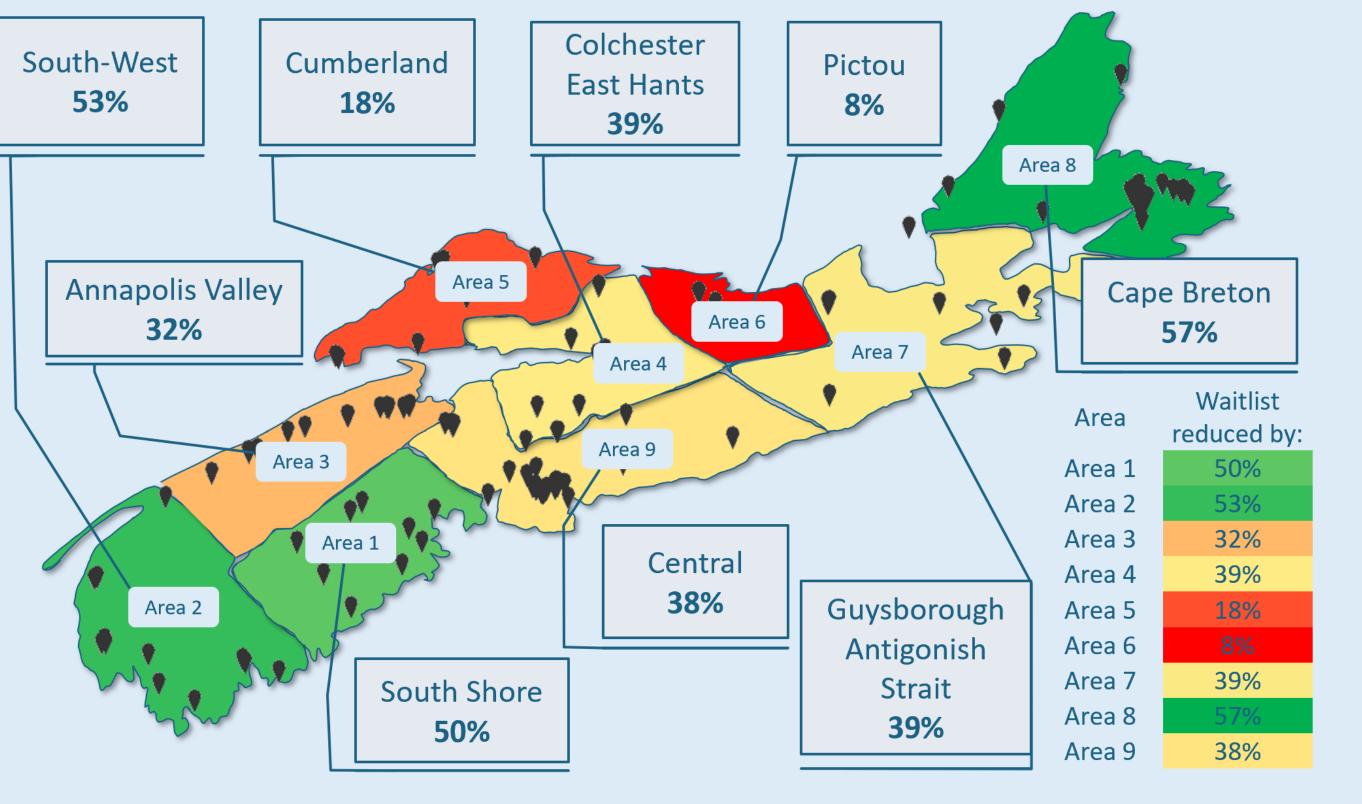
Arborstone
Enhanced Care

Studley Campus

- •This chain continues and contains **95 transfers** in total. This is a potential waitlist **reduction of 20%** for that dataset. The chain also includes a patient being reunited with their life partner. Dynamic Programming was used to generate this chain.
- The facilities within this chain are on average **6.5km apart**. This is approximately a 9-minute drive, assuming 40km/h and city traffic.

6. Potential Impact

By filtering the data by area and running each subset through the Assignment Problem ILP, a maximum waitlist reduction of **40%** was discovered.



- Transfer chains can be found within minutes.
- The scenario planning aspect of the tool provides **flexibility**: if a patient does not want to transfer, then they can be removed from the dataset and another chain can be generated.
- The tool provides data insights into the current state of the waitlist: the user can query the data to identify areas that need more attention, allowing for data-driven decision making.

7. Tool Status

The tool is currently being used by the NSH Long Term Care team, and their feedback is being implemented into the final design.