

Some advice on language learning from the Office of Official Languages:

- Take a 10-minute coffee break with a French-speaking colleague and outline your plans for the week end, or after the weekend, describe how you spent it.
- Listen to the news in one language at breakfast and switch to the other one at lunch or later in the day.
- Watch a hockey game or other sport in French.
- Take a cooking class in French.
- Go and see a movie in French.
- Choose a French version for your next DVD.
- Read the newspaper in French or pick up a weekend French-language newspaper.
- Buy a French recipe book for children and practice with a friend on the weekend.
- Listen to the radio discussion shows in French: listen for the regional accents.
- Subscribe to one French-language magazine.
- Play Scrabble in French.
- Attend a wine-tasting event in French.
- Keep a French-language CD in the car or ipod as you go to and from work.
- Trade French-language lessons with someone in your area who wants to practice their English.
- At home and in the grocery store, compare the French and English on the labels.
- Find a French-language email penpal.